

# fairtrade fortnight specials

from 30th april

**macro minded**  
Additional Macro Minded member discount. JOIN INSTORE NOW

## EXTRA SPECIAL

### macro organic fairtrade coffee

This blend has a smooth, nutty flavour. The original beans are sourced from fairtrade growers in Ethiopia and Papua New Guinea. Available in beans or ground.



**125g \$4.99**  
save \$1.00

**250g \$9.99**  
save \$1.00

macro minded 125g \$4.79

macro minded 250g \$9.79

### alter eco organic fairtrade quinoa



453g. Quinoa is gluten-free, very high in protein and cooks just like rice. Sourced from fairtrade growers in Bolivia. Choose from red or white.

**\$6.95**  
save \$1.00

macro minded \$6.75

### cocolo fairtrade chocolate - bonus pack



3 x 100g. Support the fairtrade growers of Bolivia & the Dominican Republic. Sweetened with unrefined cane juice. Buy 2 & get 1 free!

**3-pack \$9.25**  
save \$4.99

macro minded \$9.15

### organic fuji apples



New season! An ideal daily fibre fix & naturally sweet.

**\$5.99**  
per kg

### WHAT DOES FAIRTRADE MEAN?



When you buy fairtrade products, you are supporting a worldwide initiative of ethical consumerism. It means fair wages return to the grower and rural, often impoverished, communities directly benefit. Fairtrade is also synonymous with sustainable agriculture as it allows growing communities to invest and protect the land, which in turn enables a decent quality of life for generations to come.

more specials overleaf

# fairtrade fortnight specials

from 30th april

macro minded  
Additional Macro Minded member discount. JOIN INSTORE NOW

## PRODUCE

### organic bosc pears



Sweet & juicy. Try them poached with a little cinnamon.

**\$5.99**  
per kg

### organic red kale



Extremely high in vitamins & manganese. A powerful antioxidant food. Steam, stirfry or add to soups.

**\$1.99**  
per bunch

## MACRO KIDS



### jolly organics organic cloudy apple juice

750ml. 100% juice. No sugar, water or concentrate added.

**\$4.99**  
save \$1.40

macro minded \$4.89

## CAFE



Buy one coffee, get one free! \* Take-away or sit-in.

Macro regular coffee & muffin deal

**\$5.50**  
save \$1.00

macro minded \$5.25

## GROCERY

### pureharvest organic aussie dream rice milk



1L. Naturally sweet, this dairy-free alternative tastes great.

**\$2.25**  
save \$0.40

macro minded \$2.15

### artisanso natural soup



600g. Choose from tomato, pumpkin thai chicken & the godfather minestrone!

**\$4.69**  
save \$0.30

macro minded \$4.59

### green & blacks organic fairtrade maya gold chocolate



100g. Cocoa sourced from Belize & created with a Mayan recipe.

**\$4.89**  
save \$1.00

macro minded \$4.79

## POULTRY

### inglewood organic chicken thigh fillets

per kg. Raised naturally on environmentally sustainable farms. Taste the difference.



**\$23.99**  
save \$3.00

## HOUSEHOLD

### eve bathroom toilet tissue



4-pack. Australian made. 100% recycled without compromise on quality & softness.

**\$2.39**  
save \$0.60

macro minded \$2.29

### seventh generation baby nappies



Sizes 1-6. Chlorine-free & perfect for bub.

**\$28.99**  
save \$3.01

macro minded \$28.89

### seventh generation natural spray cleaners



320oz. Choose from glass, all-purpose, shower & kitchen spray cleaners.

**\$7.99**  
save \$0.96

macro minded \$7.89

## MOTHER'S DAY GIFT IDEAS

### bod princess pack



per pack. Includes hydrating oil, shower gel, lip balm & bath salts.

**\$39.95**  
save \$10.00

macro minded \$36.95

### lemon myrtle skincare bonus gift pack



per pack. Bonus foaming cleanser with every purchase of shower gel & moisturiser.

**\$22.95**  
save \$3.00

macro minded \$21.95

### nui island rose gift pack



per pack. Pamper mum with an Island Rose body butter, body wash & a coconut oil candle.

**\$49.95**  
save \$5.00

macro minded \$47.95

## BOOKS



### Mom Spa by Jennifer Sander

each. Great Mother's Day gift idea. Natural recipes for beauty treatments, relaxation exercises & more.

**\$34.95**  
save \$3.00

macro minded \$32.95

## MACRO - DOWN-TO-EARTH VALUE

### macro organic pasta sauce



375ml. Australian-made. Choose from Arrabiata, Mediterranean or Tomato & Basil.

**\$4.65**

### macro organic pasta



250g. Australian-made from Australian wheat. Choose from spirals, penne & spaghetti.

**\$2.99**

### macro natural corn chips



200g. Made with organic corn. A tasty snack & perfect for nachos.

**\$1.79**



### macro fairtrade jute super shopper bag

each. This eco-friendly bag is made by a women's collective in Bangladesh.

**\$9.95**

## SYDNEY

Bondi Junction 31-37 Oxford St

Concord 43 Majors Bay Rd

Crows Nest 13-19 Willoughby Rd

Hornsby Lvl 2 Westfield Shopping Centre

Macro Café Newtown 146 King St

tel: 02 9389 7611

tel: 02 9021 8511

tel: 02 9004 1240

tel: 02 8401 7111

tel: 02 9550 5747

**macro**  
wholefoods market  
www.macrowholefoods.com.au

Offers end 13/05/07, or while stocks last. Specials available in NSW stores only. Printed on 100% recycled paper. \*Offer applies to all Macro cafés, including Newtown.